

## A DAY FOR MEN

Our annual day for men will take place as usual on

**Easter Saturday the 26th of March,**

coffee and tea available from 10.30 for 11am start, finishing at 4.30pm.

The day will be facilitated by Fr. Jack Finnegan.

A light lunch of soup, bread and cheese etc will be provided, No booking required, and donations to cover overheads would be welcomed

**For further information please ring  
Jerry 087 6825407.**

## HELPING TO HEAL OUR INNER CHILD

*This two day course will focus on understanding the hurts of childhood and presents pathways of healing which enable us to live in the present with a true freedom of spirit. The overall aim is to enable those attending to draw closer to a deeper sense of their own worth and value as daughters and sons of God. The workshop is designed to draw on the mental, emotional and spiritual resources, both inside and outside ourselves, and suggests further steps and practices to enable the participant to continue the healing work in the months following.*

**The workshop will be facilitated by  
Donal Spring, psychotherapist**

**Saturday 23rd April, 10am to 5pm**

**Sunday 24th April, 10am to 4pm**

**Cost; € 75, concessions available.**

*As places are limited to 25 people, we ask you to prebook by sending a deposit of €25, made out to*

**"The Oremus Trust",**

*to Jerry Carbery, Farmhill, Athy, Co. Kildare.*

*Tea, coffee and biscuits provided.*

*Please bring your own lunch, cooking facilities available, and bar food 8 minutes drive.*

## SAVING OUR PLANET

This workshop, which will be liberally illustrated with various film clips, will explore our responsibilities in the face of global warming, population, globalisation etc., and the very real threats to the integrity of life on earth which now face us. The workshop will also refer to Pope Francis's encyclical "Laudato Si".

*Arthur Burke, who is a member of the Resurrexit Community, will facilitate the workshop.*

**Time; Friday the 18th of March at 8 p.m.**

Suggested donation € 10.

## PROGRAMME

### FEBRUARY

Wed 3rd	Charismatic Prayer meeting .....7pm
	Centering / Contemplative prayer .....8pm
Thur 4th	Self Help Spiritual Awareness Group .....8pm
Mon 8th	Adoration .....11am - 3.30pm
Thur 11th	Self Help Spiritual Awareness Group .....8pm
Fri 12th	Lent - When the small self dies into the larger self .....8pm
Mon 15th	Lectio Divina ..... 11.30am - 12.30pm
	Adoration .....11am - 3.30pm
	Healing Service .....8pm
Wed 17th	Charismatic Prayer meeting .....7pm
	Centering / Contemplative prayer .....8pm
Thur 18th	Self help Spiritual Awareness Group .....8pm
Sat 20th	Family Constellation .....10am
Sun 21st	Family Constellation .....10am
Mon 22nd	Adoration .....11am - 3.30pm
Thur 25th	Self Help Spiritual Awareness Group .....8pm
Fri 26th	The Wisdom Path .....8pm
Mon 29th	Adoration .....11am - 3.30pm

### MARCH

Wed 2nd	Charismatic Prayer Meeting .....7pm
	Centering / Contemplative prayer .....8pm
Thur 3rd	Self Help Spiritual Awareness Group .....8pm
Fri 4th	The Wisdom Path .....8pm
Mon 7th	Adoration .....11am - 3.30pm
Thur 10th	Self Help Spiritual Awareness Group .....8pm

Fri 11th	The Wisdom Path .....8pm
Mon 14th	Adoration .....11am - 3.30pm
Wed 16th	Charismatic Prayer Meeting .....7pm
	Centering / Contemplative prayer .....8pm
Thur 17th	Self Help Spiritual Awareness Group .....8pm
Fri 18th	Saving our Planet .....8pm
Mon 21st	Lectio Divina ..... 11.30am - 12.30pm
	Adoration .....11am - 3.30pm
	Healing Service .....8pm
Wed 24th	Self Help Spiritual Awareness Group .....8pm
Sat 26th	A Day For Men .....11am
Thur 31st	Self Help Spiritual Awareness Group .....8pm

### APRIL

Mon 4th	Adoration .....11am - 3.30pm
Wed 6th	Charismatic Prayer Meeting .....7pm
	Centering / Contemplative prayer .....8pm
Thur 7th	Self Help Spiritual Awareness Group .....8pm
Fri 8th	How to deal with and manage our difficult emotions .....8pm
Mon 11th	Adoration .....11am - 3.30pm
Thur 14th	Self Help Spiritual Awareness Group .....8pm
Fri 15th	How to deal with and manage our difficult emotions .....8pm
Mon 18th	Lectio Divina ..... 11.30am - 12.30pm
	Adoration ..... 11am - 3.30pm
	Healing service .....8pm
Wed 20th	Charismatic Prayer Meeting .....7pm
	Centering / Contemplative Prayer .....8pm
Thur 21st	Self Help Spiritual Awareness Group .....8pm
Sat 23rd	Helping to Heal Our Inner Child .....10am
Sun 24th	Helping to Heal Our Inner Child .....10am
Mon 25th	Adoration .....11am - 3.30pm
Thur 28th	Self Help Spiritual Awareness group .....8pm
Fri 29th	Teresa of Avila .....8pm

Centering / Contemplative prayer continues on the 1st and 3rd Wed of each Month

Self Help Spiritual Awareness Group continues every Thursday  
Adoration Of the Blessed Sacrament continues in May and June, but not on Holy Days or on Bank Holidays.

The Healing Service will be on the 16th of May and the 20th of June but not during July or August.

# Resurrexit



## Spring & Summer Programme, 2016

Kilmeague, Naas, Co. Kildare.

Telephone: 087 6825407

Email contact: jeremiahcarbery@gmail.com

Website: www.resurrexit.ie

### Directions to Resurrexit

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted "Naas" & "Resurrexit". Resurrexit is ½ of a mile down on the left-hand side, and is signposted.

Coordinates: N 53° 14' 44" W 6° 49' 54"

Eircode: W91Y2WK

### All are welcome

If you would like to receive a copy of our programme on an ongoing basis, please send us your email address and if you have no email, please send us your postal address and we will forward it to you

*All of these events are being hosted by the  
Resurrexit Community.*

## LENT – When the Small Self dies into the Larger Self

When Jesus died on Good Friday, the skies clouded and darkness fell over the land. This was a symbol of the light having gone from the world. But the light never leaves the world and darkness is never extinguished. They are both needed equally. They each express something of the Divine nature that permeates our world and of the depths of mystery in this Universe. God is not expressed in light alone, but also in darkness. Lent is a time of darkness, a time associated with sacrifice and death. It is a time when we are invited into our own mortality, to contemplate the transient, brief nature of life and to ask what does it mean to sacrifice and what does it mean to die. This workshop aims to bring people into the reflective spirit of lent by focusing on Sacrifice and Darkness and how the small deaths of our own individual self can contribute to the larger self of the world.

Facilitated by Niamh Brennan - author of *“The human in the Universe “*.

**Friday the 12th of February at 8pm**

Suggested donation € 10.

All are welcome.

## Charismatic Prayer meeting

We are continuing to meet for a Charismatic prayer meeting on the

**1st and 3rd Wednesday of each month, from 7.00 – 8.00pm,**

in our main hall, and all are welcome .

## Healing Service

Our monthly healing service will be on the 3rd Monday of each month at 8pm, and it will be centred on The Mass.

*The main celebrant will be Fr. Jack Finnegan.*

**All are Welcome**

There will be no healing service in July or August

## FAMILY CONSTELLATION

(Booking necessary)

Bert Hellinger developed this amazing way of using family constellations to reveal hidden family dynamics which lead to unconscious “entanglements“. The Constellations offer the opportunity to look and see where love is blocked, to follow what is wanting to happen, and to allow the love to flow freely. The focus is on the system and the dynamics of the constellation – rather than the individual.

**Sat & Sun, 20th & 21st February, 10am - 5.00pm.**

Cost : € 80.

For information and booking, ring Pauline at 086 - 8654006

Tea and coffee provided, please bring your own lunch, cooking facilities available, and pub food 8 minute drive, in Allenwood.

## SPIRITUAL DIRECTION

Joseph Feeley M.A. will be making himself available as a Spiritual Director, on

**Tuesdays, in Resurrexit.**

Joseph has a post graduate certificate in Integral Studies, a Masters in Applied Christian Spirituality, and a diploma in Spiritual Guidance. He is a member of the All Ireland Spiritual Guidance Association, and works as a spiritual director and group facilitator.

To make an appointment, and for further information, please ring Joseph at 086 1922042

## FREE LENDING LIBRARY

We now have approximately 500 books in our free lending Library, which is located on the shelves of the entrance hall. Please feel free to borrow books by just filling in the details of what you borrow, including your name etc., in the book provided.

If you have suitable books to give to the library, please bring them along and mark for the attention of Eamonn.

## SELF HELP SPIRITUAL AWARENESS GROUP

We are now meeting every

**Thursday evening at 8pm,**

and we invite you to journey with us through listening, sharing, mindfulness and meditation, all are welcome to one or to all of our meetings.

For further information please ring Tony Morrin at 087 2562172

## LISTENING TO GOD SPEAKING TO US TODAY

*Lectio Divina*

*“Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?” Luke 24 v 32.*

This is an invitation to join us from 11.30am to 12.30pm on the 3rd Monday of January, February, March and April, to read and explore scripture, allowing the Holy Spirit to teach, guide and transform us.

**Everyone is welcome to one or to all of the sessions.**

The facilitators will be Eileen and Phyllis, members of the Resurrexit Community

## DEEPENING PRAYER

If you would like to deepen your relationship with God, please join us for Centering / Contemplative prayer on the

**1st and 3rd Wednesday of each month at 8 0`clock.**

The evening starts with a time of quiet prayer, followed by a time of sharing, and finishing with a cup of tea at 9. 30.

All are welcome

## Adoration

*You are invited to take time out and be in the presence of the Blessed Sacrament, in the main hall in Resurrexit, on Mondays, any time between 11am and 3.30pm.*

*Tea and a welcome available in the cottage.*

*(Except on Holy days, bank holidays, or during July and August).*

## TERESA OF AVILA

We Invite you to a workshop in which we will explore, discuss, and reflect on key aspects of our spiritual journey, as suggested by Teresa of Avila. Her views on our relationship with God and with each other, continue to be a great source of encouragement to a lot of people.

**This workshop will be facilitated by Joey Feely, MA.**

**Friday the 29th of April at 8pm,**

Suggested donation € 10

## THE WISDOM PATH

Supporting seekers

*“If enough of us walk the wisdom path, we will heal the world”*

In these workshops, Fr. Jack Finnegan will continue to encourage and enlighten those who seek the call of God’s Spirit in their lives.

**3 Friday evenings; 26th Feb + 4th March + 11th March, at 8pm.**

All welcome to one or to all of the workshops.

Fr. Jack is a well known teacher of spirituality, author, psychotherapist and spiritual director.

Donations towards overheads welcomed.

## HOW TO DEAL WITH AND MANAGE OUR DIFFICULT EMOTIONS

Fr. Jim Cogley will facilitate these workshops with great openness to the journey that those present are making, and to the unique emotions and problems that they are each experiencing.

**Friday 8th and Friday 15th of April at 8pm.**

Suggested donation € 10.