

Exploring "A NEW EARTH"

A book written by Eckhart Tolle, author of "The Power Of Now."

This is an invitation to meet with a group, and explore, discuss, and share experiences as outlined in this book. The sessions will be hosted by Caroline O Connor, Tony Morrin, and Eamon Scully, and will take place on the following Friday evenings at 8 pm;

January 31st

February 7th, 14th, 21st, 28th

March 7th

The number of people in the group will be limited, so please book beforehand by ringing Jerry at 087 6825407, and also let him know if you require a copy of the book, which will be for sale in Resurrexit.

We suggest a donation of €10 for each evening, and this will go towards the overheads of Resurrexit. Concessions available. All welcome

Yoga Meditation Practice

*Dealing with Various Addictions
The Sacrament of the Present Moment
Spiritual Guidance*

These are some of the aspects of living that will be talked about during two workshops to be given by Fr. Korko Moses S.J., during his 2 day visit to Resurrexit. He will also make himself available for one to one sessions of Spiritual Direction, during each day.

Fr. Korko is a Jesuit Priest living in Dhyavananam, an Ashram he founded in India. He is a counsellor, a spiritual director to the five L'Arche Communities in India, a retreat director and a teacher.

Thursday 10th April

Friday 11th April

Workshops 8 pm each day,
suggested donation €10 each workshop.

Spiritual Direction during both days, please ring Jerry for appointment at 087 6825407

All are welcome

PROGRAMME

January

Fri 31st Exploring "A New Earth" 8.00 pm

February

Mon 3rd Adoration 11 am- 3.30 pm

Wed 5th Centering/Contemplative Prayer 8.00 pm

Fri 7th Exploring "A New Earth" 8.00 pm
Mon 10th Adoration 11 am-3.30 pm
Wed 12th Self help Spiritual Awareness Group 8.00 pm
Fri 14th Exploring "A New Earth" 8.00 pm
Mon 17th Adoration 11 am-3.30 pm
Healing Service 8.00 pm
Wed 19th Centering/Contemplative Prayer 8.00 pm
Fri 21st Exploring "A New Earth" 8.00 pm
Mon 24th Adoration 11 am-3.30 pm
Wed 26th Self Help Spiritual Awareness Group 8.00 pm
Fri 28th Exploring "A New Earth" 8.00 pm

March

Mon 3rd Adoration 11 am-3.30 pm
Wed 5th Centering/Contemplative Prayer 8.00 pm
Fri 7th Exploring "A New Earth" 8.00 pm
Mon 10th Adoration 11 am-3.30 pm
Wed 12th Self help Spiritual Awareness Group 8.00 pm
Fri 14th Fr. Jim Cogley 8.00 pm
Mon 17th St. Patricks Day
Wed 19th Centering/Contemplative Prayer 8.00 pm
Fri 21st Fr. Jim Cogley 8.00 pm
Mon 24th Adoration 11 am-3.30 pm
Wed 26th Self Help Spiritual Awareness Group 8.00 pm
Fri 28th Fr. Jim Cogley 8.00 pm
Mon 31st Adoration 11 am-3.30 pm

April

Wed 2nd Centering/Contemplative Prayer 8.00 pm
Fri 4th Living Well With Mindfulness 8.00 pm
Mon 7th Adoration 11 am-3.30 pm
Wed 9th Self Help Spiritual Awareness Group 8.00 pm
Thur 10th Fr. Korko Moses 8.00 pm
Fri 11th Fr. Korko Moses 8.00 pm
Mon 14th Adoration 11am-3.30 pm
Wed 16th Centering/Contemplative Prayer 8.00 pm
Sat 19th Mens Spiritual Get Together 10.30 am-4.30 pm
Wed 23rd Self Help Spiritual Awareness Group 8.00 pm
Fri 25th The Wisdom Path 8.00 pm
Mon 28th Adoration 11 am-3.30 pm

May

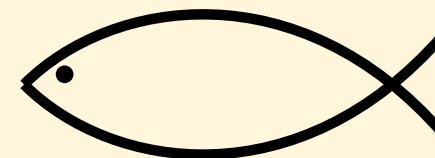
Fri 2nd The Wisdom Path 8.00 pm
Bank Holiday
Fri 9th The Wisdom Path 8.00 pm
Mon 12th Adoration 11 am-3.30 pm
Wed 14th Self help Spiritual Awareness Group 8.00 pm
Mon 19th Adoration 11 am-3.30 pm
Healing Service 8.00 pm
Wed 21st Centering/Contemplative Prayer 8.00 pm
Mon 26th Adoration 11 am-3.30 pm
Wed 28th Self Help Spiritual Awareness Group 8.00 pm

Centering / Contemplative Prayer continues on the 1st and 3rd Wednesday of every month.

Self Help Spiritual Awareness Group continues on the 2nd & 4th Wednesday of every month

Resurrexit

He is Risen



**Spring & Summer
Programme,
2014**

Directions to Resurrexit

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted "Naas" & "Resurrexit". Resurrexit is 1/3 of a mile down on the left-hand side, and is signposted.

Kilmeague, Naas, Co. Kildare.

Telephone: 087 6825407

Email contact: jeremiahcarbery@gmail.com

Website: www.resurrexit.ie

All are welcome

*All of these events are being hosted by the
Resurrexit Community.*

A Centering / Contemplative Prayer

You are welcome to join a group of us who meet for Centering / Contemplative prayer on the 1st and 3rd Wednesday of each month at 8 o'clock. The evening starts with a time of quiet prayer, followed by a time of sharing, and finishing with a cup of tea.

Everyone Welcome

Self Help Spiritual Awareness Group

We invite you to journey with us through listening, sharing, mindfulness and meditation;

On the 2nd and 4th Wed of every month at 8pm

For further information ring

Tony Morrin at 087 2562172

All are Welcome

Adoration

*We invite you to spend time in the presence of The Blessed Sacrament, in the main hall in Resurrexit, on Mondays between 11am and 3.30pm.
(Not on Bank Holidays or Holy Days)*

"If you want to pray, enter your inner room, close the door, and pray to your Father in secret, and your Father who sees in secret will reward you." Mat 6:6.

There is a cup of tea available in the cottage.

Everyone is welcome.

Healing Service

Our monthly healing service will be on the 3rd Monday of each month at 8pm, and it will be centred on The Mass.

The main celebrant will be Fr. Jack Finnegan.

All are Welcome

There will be no healing service in July or August.

LIVING WELL WITH MINDFULNESS

While many of us want to live and experience our lives in a meaningful way, we find it hard to slow down, to take the time to look below the surface busyness of our lives, to find out who we really are, as well as what we really want and value. This workshop will introduce you to Mindfulness, which will provide a set of skills and helpful techniques that will enable us to become more aware of ourselves and our experiences. By developing this awareness in a non judgemental way, we enhance our quality of life, and our ability to care for ourselves. The cornerstones of Mindfulness practice is learning to be more in the present moment, being more aware of ourselves, as well as being kinder and more compassionate. Combining led mindfulness meditations with discussion, this workshop will take you through ways of engaging more fully with your life.

This workshop is being facilitated by Fidelma Farley, who is a Breathworks Mindfulness trainer. Practicing mindfulness has both enhanced and transformed her life, and her teaching stems from a desire for others to have the opportunity to experience similar benefits. Fidelma has been teaching Mindfulness and Loving Kindness at Oscailt Health Centre in Dublin since 2009. She also teaches mindfulness for people experiencing Chronic pain or a long term illness, and has given courses for the MS Society, the M.E. Trust, and the Irish Heart Foundation. More recently she has developed courses on Mindful Eating, and for people recovering from addiction. Her courses and workshops place a particular emphasis on kindness to oneself and others, and on creating a warm friendly supportive atmosphere. For more information see www.breathworks.ie.

Venue for this workshop; Resurrexit.

Date and time; Friday 4th April at 8 pm

Suggested donation € 10.

All are welcome

MEN COMING TOGETHER

Our annual spiritual gathering for men will take place as usual on Easter Saturday the 19th of April, starting at 10.30 am (coffee) for 11, and finishing at 4.30 pm. and will be facilitated by Fr. Jack Finnegan. No booking necessary, light lunch of soup, bread and cheese provided.

Donations towards overheads appreciated.

All Men Welcome

Relating to Self and Others

-exploring the hidden dynamics -

Fr. Jim Cogley, who is also a psychotherapist, author and woodturner, will facilitate 3 workshops in Resurrexit on this theme;

Friday 14th March at 8 pm

Friday 21st March at 8pm

Friday 28th March at 8pm

Everyone is welcome

to one or all of the above evenings.

Suggested donation € 10 for each evening.

The Wisdom Path – part 6

Supporting Seekers

"If enough of us walk the wisdom path, we will heal the world"

These very special enlightening and encouraging talks on the spiritual journey, given by Fr. Jack Finnegan, are continuing for three more evenings;

**Friday 25th April, Friday 2nd May,
Friday 9th May at 8pm**

All are welcome, and there is no need to have attended the previous series of workshops on this topic. Jack is a well known teacher of spirituality, author, psychotherapist and spiritual director.

Donations towards overheads appreciated