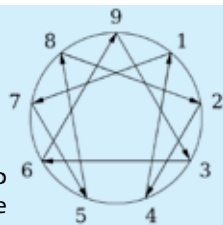


This workshop is designed to help you to get to know yourself better and discover what really motivates you in life.



The Enneagram

The word "enneagram" comes from two Greek words and simply means the **nine lines**. The nine lines are those in the enneagram diagram that is used to show how the nine personality types in the theory relate to one another. The actual diagram only dates back to the first half of the twentieth century but the theory itself has ancient roots and, in fact, its origins are obscure and contested. What is not contested, however, is that it can help those who use it to better understand themselves and their **motivations** in life. It is a wonderful tool for personal spiritual growth. And to grow spiritually, as all the great writers tell us, we must first get to know ourselves.

So using the enneagram, people can come to a knowledge of their own personality and gain greater control over dimensions of their lives that have puzzled, frustrated, inhibited, or even enraged them for years - not just at the **intellectual level**, but also at the **level of the heart** and at the **instinctual level**. They can also learn about their giftedness, their weakness, their defence mechanisms and their communication style. The day will be gentle, light-hearted and conversational. The process will be one of identifying one's own personality type based on life experience and information given.

Saturday, March 18th, 2017 from 10am to 5pm

Cost: €30

Presenter: **Denis Gleeson cfc**

Denis is an experienced educator, spiritual director and retreat facilitator. He is qualified to teach the Enneagram. He has further qualifications in education, theology, spirituality, counselling and spiritual direction. He teaches centering prayer with Contemplative Outreach and is associated with the Emmaus Retreat Centre in Swords, County Dublin. His recent book, **"Unbinding Christian Faith: Free to be"** is available in Veritas bookshops and online through www.lulu.com. *Tea, coffee and biscuits provided, cooking facilities available in Resurrexit, and bar food available - 8 minute drive.*

No booking required.

HOW TO BE AN ADULT IN THE WORLD

These two workshops will be presented by Fr. Jim Cogley, who is author of the series of books titled **"Would you believe"**.

Friday 17th, Friday 24th February at 8 pm.

All welcome to one or to both of the workshops.

Suggested donation € 10 -- € 15.

WHO ON EARTH WERE THEY ?

We listen to the extracts from the writings of different prophets at Mass. Who were these prophets ? Where did they get their ideas ? We might understand their messages more clearly if we knew something of their life and times. Eilis McCormack would like to explore prophecy and the background and mission of some of these prophets.

On Friday 28th April at 8 pm.

Suggested donation €10 to €15

Programme

February

| | |
|-----------|---|
| Wed 1st | Charismatic prayer meeting7pm Contemplative prayer8pm |
| Thur 2nd | Self help spiritual awareness8pm |
| Fri 3rd | Engaged Contemplation8pm |
| Mon 6th | Adoration 11am to 3.30pm |
| Tue 7th | The Awakening woman 9.30am to 12.30pm |
| Wed 8th | Circle dancing meditation 11.15am - 12.15pm |
| Thur 9th | Self help spiritual awareness 8pm. |
| Fri 10th | Engaged Contemplation8pm |
| Mon 13th | Adoration11am - 3.30pm |
| Tue 14th | The awakening woman9.30am - 12.30pm |
| Wed 15th | Charismatic prayer meeting7pm Contemplative prayer8pm |
| Thur 16th | Self help spiritual awareness8pm |
| Fri 17th | How to be an adult in the World 8pm |
| Mon 20th | Lectio Divina 11.30am - 12.30pm Adoration 11.am - 3.30pm Healing service8pm |
| Tue 21st | The awakening woman9.30am - 12.30pm |
| Wed 22nd | Circle dancing meditation 11.15am - 12.15pm |
| Thur 23rd | Self help spiritual awareness group8pm |
| Fri 24th | How to be an adult in the World to-day8pm |
| Mon 27th | Adoration11am - 3.30pm |
| Tue 28th | The awakening woman9.30am - 12.30pm |

March

| | |
|----------|--|
| Wed 1st | Charismatic Prayer meeting7pm Contemplative prayer8pm |
| Thur 2nd | Self help spiritual awareness8pm |
| Fri 3rd | Engaged contemplation8pm |
| Mon 6th | Adoration11.am to 3.30pm |
| Tue 7th | The awakening woman9.30am - 12.30pm |
| Wed 8th | Circle dancing meditation 11.15am - 12.15pm |
| Thur 9th | Self help spiritual awareness8pm |
| Sat 11th | Re-energise goals - Psychosynthesis ...10am - 4pm |

| | |
|-----------|---|
| Mon 13th | Adoration11am -- 3.30pm |
| Tue 14th | The awakening woman9.30am - 12.30pm |
| Wed 15th | Charismatic prayer meeting7pm Contemplative prayer 8pm. |
| Thur 16th | Self help spiritual awareness8pm |
| Sat 18th | The Enneagram 10am to 5pm |
| Mon 20th | Lectio Divina 11.30am - 12.30pm Adoration11am - 3.30pm Healing service8pm |
| Tue 21st | The awakening woman9.30am - 12.30pm |
| Wed 22nd | Circle dancing meditation 11.15am - 12.15pm |
| Thur 23rd | Self help spiritual awareness8pm |
| Fri 24th | Living without the fear of dying8pm |
| Mon 27th | Adoration 11am to 3.30pm |
| Tue 28th | The awakening woman 9.30am - 12.30pm. |
| Thur 30th | Self help spiritual awareness8pm |
| Fri 31st | Mindfulness8pm |

April

| | |
|-----------|--|
| Mon 3rd | Adoration11am - 3.30pm |
| Tue 4th | The awakening woman9.30am - 12.30pm |
| Wed 5th | Charismatic prayer meeting7pm Contemplative prayer8pm Self help spiritual awareness8pm |
| Thur 6th | Exploring Mysticism8pm |
| Fri 7th | Adoration11am - 3.30pm |
| Mon 10th | Adoration11am - 3.30pm |
| Wed 12th | Circle dancing meditation 11.15am - 12.15pm |
| Thur 13th | Self help spiritual awareness8pm |
| Fri 14th | Good Friday |
| Sat 15th | Day for men10.30am - 4.30pm |
| Sun 16th | Easter Sunday |
| Wed 19th | Charismatic prayer meeting7pm Contemplative prayer8pm Self help spiritual awareness8pm |
| Thur 20th | Take another look. Scripture. |
| Fri 21st | Adoration11am - 3.30pm |
| Mon 24th | Self help spiritual awareness8pm |
| Thur 27th | Who on Earth were they - The Prophets8pm |

Circle Dancing Meditation continues on the 10th and 24th of May

Self Help Spiritual Awareness Group meets on every Thursday at 8pm.

Charismatic Prayer is on the

1st and 3rd Wed of each month at 7pm

Contemplative Prayer is on the

1st and 3rd Wed of each month 8pm

Adoration on Mondays in May & June but not Bank Holidays or Holy Days

Healing Service on

15th May and 19th June. None in July or August.

Resurrexit

~ He is risen ~



Spring/Summer Programme, 2017

Kilmeague, Naas, Co. Kildare.

Telephone: 087 6825407

Email contact: jeremiahcarbery@gmail.com

Website: www.resurrexit.ie

Directions to Resurrexit

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted "Naas" & "Resurrexit". Resurrexit is ½ of a mile down on the left-hand side, and is signposted.

Coordinates: N 53° 14' 44" W 6° 49' 54"

Eircode: W91Y2WK

All are welcome

If you would like to receive a copy of our programme on an ongoing basis, please send us your email address and if you have no email, please send us your postal address and we will forward it to you

All of these events are being hosted by the Resurrexit Community.

WE NEED YOUR HELP!

The cost of posting this brochure containing the events etc in Resurrexit, continues to rise, and so we ask anyone who can allow us to send the same brochure to them by email, to write to us at "jeremiahcarbery@gmail.com". This will also enable us to send you a reminder of the various workshops about a week before they start.

If you would like us to continue to post our brochure to you, we will be delighted to do so, and as we have some addresses on our list for over 37 years, we would ask you to please write your name and address on a sheet of paper and send it to us at

Resurrexit, Kilmeague, Naas, Co. Kildare, W91Y2WK.

Thank you for your visits to us over the years, and we look forward to meeting you again in Resurrexit.

HEALING SERVICE

Our monthly healing service, which is centered on the Mass, will take place on the **3rd Monday of each month, at 8pm.**
No Healing Service in July & August

The main celebrant will be
Fr. Jack Finnegan

TAKE ANOTHER LOOK

The first chapters in the book of Genesis are the introduction to the Bible, and are part of the "treasure buried in the field". To find their messages, we need to dig below the surface, and to consider the different contexts for these chapters. Having absorbed some of the excitement of the exploration on a recent course, Eilis Mc Cormack would like to lead a session of digging.

The exploration starts on

Friday the 21st of April at 8pm

EXPLORING MYSTICISM: EMPATHY PART 2

Loving kindness and prayer

This workshop will be presented by Joey Feely M.A., a spiritual facilitator and spiritual guide.

Friday April 7th at 8 pm

Suggested donation € 10 --€15

LISTENING TO GOD SPEAKING TO US TODAY LECTIO DIVINA

"but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you." John 14 v26.

This is an invitation to join us from

**11.30am to 12.30pm on
Monday the 20th of February,
Monday the 20th of March,
and Monday the 15th of May,**

to read and explore scripture, allowing the Holy Spirit to teach, guide and transform us. Everyone is welcome to one or to all of the sessions.

The facilitators will be Eileen and Terry, members of the Resurrexit Community.

CIRCLE DANCING MEDITATION

Welcome to Circle Dancing Meditation - gentle movement to music from around the world - no experience necessary.

Facilitator **Grace Walsh,**

a member of the Resurrexit Community.

**Wednesday February 8th and 22nd
do March 8th and 22nd
do April 12th
do May 10th and 24th**

Suggested donation € 5 per day.

Everyone welcome to one or to all of the sessions

ADORATION

There is an invitation to take time out and be in the presence of the Blessed Sacrament, in the main hall of Resurrexit on

**Mondays between 11am and 3.30pm.
(except on Holy Days, Bank Holidays,
or during July and August.)**

CONTEMPLATIVE PRAYER

This is an invitation to sit silently in Gods presence and in the presence of others, on the 1st and 3rd Wednesday of each month, between 8 and 9 o'clock. Everyone welcome. We finish with a cup of tea and conversation.

ENGAGED CONTEMPLATION

Supporting seekers of the wisdom path.

Facilitated by Fr. Jack Finnegan, on

3 Friday evenings

February 3rd, 10th, & March 3rd at 8pm

All are welcome to one or to all of the workshops.

Contributions towards overheads welcome

LIVING WITHOUT THE FEAR OF DYING

Only those who fully live can truly die.

This workshop will be presented by Fr. Jim Cogley, who is the author of the book series "Would You Believe".

On Friday the 24th March at 8pm.

Suggested donation € 10 - € 15

SELF HELP SPIRITUAL AWARENESS GROUP

We invite you to journey with us through listening, sharing, mindfulness and meditation - on

Every Thursday evening at 8pm

All are welcome

For further information please ring;

Tony Morrin at 087 2562172

MINDFULNESS

There is a lot being spoken about "Mindfulness" today, and if we want to cultivate mindfulness, we do the same things we always do - walking, sitting, working, eating and so on - with mindful awareness of what we are doing. When we are eating, we know that we are eating. When we are washing a cup, we know that we are washing a cup. Our mind is with our actions.

This is the background to our workshop on;

Friday 31st March at 8 pm.

Facilitator **Kathleen Neenan**

Suggested donation €10 to €15

A GATHERING OF MEN

Our annual day for men, which will be facilitated by Fr. Jack Finnegan, will take place on

Easter Saturday, the 15th of April,

coffee at 10.30am for starting at 11am, and will finish at 4.30pm.

No booking required.

A light lunch of soup, bread and cheese will be provided.

Donations towards overheads appreciated.

All men welcome.

SPRINGTIME:

RE - ENERGISE YOUR 2017 Goals

In our current uncertain social context, we might experience challenges and opportunities

At New Year, did you set goals for 2017, or hope for new experiences, a greater sense of certainty, purpose, joy, fulfilment or integration? Have you noticed that your plans and dreams sometimes get clouded by present personal circumstances, the past, fears or perceived limitations?

Psychosynthesis is an approach to daily living. In this workshop, using some useful basic psychosynthesis techniques, we will begin to consider a holistic approach to moving forward.

This workshop will be presented by Ger Melia, who is a member of the British Psychological Society, The Psychology Society of Ireland, and the Institute of Guidance Counsellors, and has been involved with Psychosynthesis since the 90's.

Saturday 11th March 10 am to 4 pm

Suggested donation € 30

Tea, coffee and biscuits provided, cooking facilities available, and pub grub an 8 minute drive.

THE AWAKENING WOMAN, with Sister Pauline

The Universe is growing and expanding - so too is everything in it, and that includes our human consciousness. This course is designed to increase our awareness of what this means for us as Women, as we continue to evolve and grow, and of how we can collaborate with that process.

Do you want to empower yourself to discover your true identity, to create your very best life, to realize your highest potential and make your greatest contribution to the world -- the gift of your fully conscious and activated unique self.

There will be input, sharing, and practises to take home.

**9 Tuesdays starting on the 7th of February
from 9.30am to 12.30pm**

Investment in your future of €15 per session.

Pauline is a Holy Family Sister and a Psychotherapist who has extensive experience and training in the field of personal development and transformation.

**Ring Pauline at 086 - 8654006 to register
and for more information.**

CHARISMATIC PRAYER MEETING

A time of praising God, sharing from scripture, and being open to the gifts of the Holy Spirit.

**From 7 pm to 8pm, on the
1st and 3rd Wednesdays of each month.**