



Resurrexit

Programme for

Autumn / Winter 2024

Kilmeague, Naas, Co. Kildare.

Postal Code: W91Y2WK

Email: resurrexitcommunity@gmail.com

Website: www.resurrexit.ie

Telephone: 087 6825407,
087-2592525 or 087-2562172

Directions to Resurrexit

Use the above postal code on Google Maps, or:

Coming off the M7 at exit 10, take the Rathangan Road and drive north for about 8K or 5 miles, Then turn right at the sign for Resurrexit and then travel for 1 mile to Resurrexit on the right hand side.

Coming from the other direction, from the North, go to Kilmeague Village, and at the cross roads take the south road as indicated by the Resurrexit sign, and your destination is a half kilometer down that road after a sharp bend.

If you lose your way, ring any of the above numbers and we will guide you in.

Welcome to our AUTUMN/ WINTER programme. Whether you attend all or some of our workshops we look forward to meeting you here. At each Workshop we provide tea /coffee and biscuits. On Saturdays, teas/coffees provided as above and you can also bring your lunch, cooking facilities available, and deli and bar food nearby.

BOOKS THAT INSPIRE

In this Zoom workshop which will be given by Grace Walsh who is a member of the Resurrexit community. Grace will give a talk about books that have inspired her in her life. On Friday September 20th from 8pm until 9.30. *All are welcome.*

Please contact Grace at resurrexitcommunity@gmail.com or phone her at 086-8161043. Alternatively, phone Eileen 087-2160126 for ID password and method of donating. Suggested Donation €15.

DREAMS: TRUE GIFTS FROM THE SOUL

Paul Bradley is facilitating two workshops in Resurrexit the first of these is on Saturday October 19th from 10-4pm in Resurrexit only.

This one-day course introduces you to the fascinating world of dreams and dream interpretation.

Utilizing a unique approach this course offers you highly practical methods that you can use to interpret and understand your own dreams.

You have the option to bring your own dream for interpretation.

Paul is a Psychotherapist and Group Facilitator based in Mullingar, Co. Westmeath. Suggested donation €40.

Contact Eileen on 087 2592525 for further information and if you want to book for both workshops, but booking is not necessary.

INNER CHILD WORKSHOP

Paul's second workshop is on November Saturday 23rd from 10-4 in Resurrexit only.

In this workshop we will take a guided journey of self-discovery as we explore the 'child within'. Through dreams, body work, and guided imagery we will reveal the abundance of gifts our inner child can reveal to us.

Suggested donation €40.

PRAISE GROUP

You are invited to come and experience Gods healing power and love through music and song in Resurrexit on the following Saturdays. September 14th, September 28th October 12th and 26th and December 14th from 2-4pm with Nicholas Maureen and Paddy. Contact Nicholas on 086-8521879 for more information. Donation towards the upkeep of Resurrexit is appreciated.

RESPONDING TO CLIMATE CRISIS THROUGH THE LENS OF CHRISTIAN SPIRITUALITY

We know the way we live now in the developed western world is no longer sustainable. Our traditional theology has often focused on the life hereafter as if how we relate to the earth and all of Gods creations was less important. This workshop will offer participants hope and guidance to counter the common response of anxiety or apathy experienced by so many in the face of the climate crisis.

Dominic Coogan is presenting the above workshop on Saturday 9th November from 10-4pm. In Resurrexit only. Suggested donation €40.

Dominic is an experienced adult education facilitator, a qualified mindfulness teacher and spiritual guide. He is committed to creating supportive learning and experiences that engage both the head and the heart. *All are welcome.*

THE GOSPEL AND HUMAN GROWTH

Nicholas Keary is presenting this workshop on the 16th of November from 11 am until 4pm pm. Nicholas is a member of the Community in Resurrexit, He will also share from his personal journey.

This workshop focuses on the human and spiritual growth and how, through careful listening to the word, we may experience deeper, more satisfying relationships.

Suggested Donation €40. *All are welcome.*

PRAISE AND INNER HARMONY

Maureen Keary, a member of Resurrexit Community, will lead an interactive workshop to explore the place of music and song in the journey towards inner peace.

Friday 29th November in Resurrexit from 8pm-9.30pm.

Suggested donation €15. *All are welcome.*

POETRY MORNING on November 6th

Poetry is a subjective experience and attempts to convey a message or evoke a response. If you like to listen, share, recite or write poetry, then bring along your favourite poem and join us for a Poetry coffee/tea morning from 10.30 until 1pm. In Resurrexit only. Suggested Donation €10. Let us know if you are free to join us by contacting Eileen on 087-2592525 or Mary Jo on 087-6375053.

THE GREAT RECESSION

Join Tony Morrin and Jerry Carbery to hear how they dealt with all the problems and trials of business failure during recessionary times. Using their Spirituality and faith to help them through these difficult times.

Jerry and Tony are both members of the Resurrexit community. In Resurrexit and on Zoom on Friday October 25th from 8-10pm. Suggested donation €15.

THE FOUR PRIMARY DIMENSIONS OF THE UNIVERSE

Joey Feely will present two workshops in Resurrexit and on Zoom. This first workshop is on Friday 15th November 2024 at 8pm. Suggested donation €15.

Joey will introduce the four quadrants of Ken Wilbers integral theory and show how they apply to human living and perspective taking.

Contact resurrexitcommunity@gmail.com for ID Password and method of donating.

THE 5 REGRETS OF DYING

Joey will lead us in the second workshop exploring the five most common regrets of people on their deathbed. Each regret will be explored with reflective exercises and discussion.

Suggested Donation €40. *All are welcome.*

Contact Grace at resurrexitcommunity@gmail.com or phone her at 086-8161043 for ID password and method of donating. Alternatively email Nicholas@kearynicholas@gmail.com or ring Eileen at 087-2160126.

SUNDAY QUIET TIME

We invite you to join with our group who meet in Resurrexit every Sunday morning at 9am. We sit still for less than an hour, get in touch with our deepest eternal essence or just relax for an hour.

In Resurrexit only. Donations to the upkeep of Resurrexit will be appreciated.

For information contact Tony on 087-2562172.

THURSDAY GROUP

Getting in touch with our inner essence which is consciousness. We meditate, sing and listen to Eckhart Tolle and other teachers to get to the present moment where nothing else matters.

Join us any Thursday's at 8pm. In Resurrexit only. Donation toward the upkeep of Resurrexit will be appreciated.

For more information contact Tony on 087-2562172.

THREE DAY RETREAT

We invite you to join us for a retreat in Ballyvalloo Retreat Centre, beside the sea in Co. Wexford.

The retreat will be facilitated by Fr. Jim Cogley and Luba Rodzhuk.

Starting with supper at 6pm on Tuesday 1st October until Friday 4th October after lunch.

The 28 single rooms and 2 double are en-suite and full investment €350.00.

To reserve a place please contact

Breda Costello, 34, Melitta Park, Kildare Town, R51YV48
or email breda.costello@icloud or ring her at 087-6128253.

If you have a special dietary requirement,
please inform us when you are booking.

Please give Breda your name, postal address email and telephone number and include a deposit of €50 by cheque postal order or bankers order made out to "The Oremus Trust" #The Ballyvalloo Retreat Centre is 14K north of Wexford Town and post code is Y21X392. Swimmers encouraged.

SEEKING STILLNESS? HELP IS ON THE WAY

For three Friday evenings in December 6th 13th and 20th Fr Jack Finnegan will assist us on our inner journey, when he will share and answer questions from the well of his experience and knowledge, that he has discovered during his many hours of sitting and learning.

All are welcome to tune in by Zoom only, to one to all of these evenings.

For the zoom ID, password and link, please email Grace at resurrexitcommunity@gmail.com or ring her at 086-8161043 or Eileen at 087-2592525.

Donations toward the upkeep of Resurrexit appreciated.

ON-GOING EVENTS IN RESURREXIT

ADORATION

Eucharistic adoration will take place in Resurrexit on Mondays from 10.30am-12.30pm except on holidays and bank holidays.

BOOKS TO BORROW

We have a large selection of books in our library, all available to be borrowed free of charge, only to be returned when you have finished reading them. Just register your name and telephone number and the title of the book you are borrowing, on the register sheet. If you have any books, you think may be of interest to others, we would be delighted to add them to our library.

CENTERING/CONTEMPLATIVE PRAYER

We invite you to join us on Zoom.

Wednesday evening at 8 to 9.30pm.

When we share our thoughts on passages of scripture and finish by sitting for 20minutes of centering/contemplative prayer and intercessory prayer.

The Zoom meeting number is 71603514907

and the password is "Ressie"(Capital R).

All are welcome.

HEALING SERVICE

Is on Every 3rd Monday night at 8pm. Starting on September 16th October 21st November 18th and December 16th. Except Bank holidays and holy days and during July and August.

All are welcome.

IF YOU WISH TO TALK, WE HAVE TIME TO LISTEN

The Resurrexit community are offering a support service on an individual basis on Zoom only. For further information and to make an appointment:

Please phone Tony on 087-2562172

Autumn/Winter Programme at a Glance

Books that Inspire	Zoom	20 th September	8pm-9.30pm
Dreams; True Gifts from the Soul	Resurrexit	19 th October	10am-4pm
The Great Recession	Resurrexit/ Zoom	25 th October	8pm
Responding to Climate Crisis through the Lens of Christian Spirituality	Resurrexit	November 9 th	10am-4pm
The Gospel and the Shadow	Resurrexit	November 16 th	11am-4pm
Inner Child Workshop	Resurrexit	November 23 rd	10am-4pm
Praise and Inner Harmony	Resurrexit	November 29 th	8pm-9.30pm
Poetry Morning	Resurrexit	November 6 th	10.30am-1pm
The four Primary Dimensions Of The Universe	Resurrexit/ Zoom	November 15 th	8pm
The Five Regrets Of Dying	Resurrexit/ Zoom	November 30 th	10am-4pm
Seeking Stillness? Help is on the Way	Zoom	December 6 th /13 th /20 th	8pm-9.30pm
Thursday Group	Resurrexit		8pm
Sunday Quiet Time	Resurrexit		9am
Three Day Retreat	Ballyvaloo	October 1 st - 4 th	

