

## SUNDAY QUIET TIME

We meet every Sunday morning at 8 am, for less than an hour, to meditate, for readings, and for reflection. You are welcome to join us on any Sunday morning.

For more information please contact  
Tony Morrin on 087-2562172

## MINDFULNESS, MEDITATION AND SPIRITUAL AWARENESS GROUP

We meet every Thursday at 8pm, and we invite you to journey with us through silence, listening and through sharing. All are welcome to any of our meetings.

For further information please ring  
Tony Morrin at 087-2562172.

## ENGAGED CONTEMPLATION

Supporting seekers of the Wisdom path  
Facilitated by Fr. Jack Finnegan, on

*3 Friday evenings*

*November 3rd, 10th and 17th at 8pm*

All are welcome to one or to all of the workshops  
Contributions towards overheads welcome

## GLIMPSES INTO THE MYSTERY OF THE UNFOLDING UNIVERSE

This evening is an opportunity to engage with the wonderful story of creation, and through mindfulness - meditation - contemplation, reflect on our relationship with all life and our place in this unfolding story.

We now know that creation began 13.8 billion years ago, that the expanding universe contains billions of galaxies, that we and all creation are intrinsically interconnected. We no longer live in a world with God "above".

The Incarnation is a mystery that a lifetime of contemplation would not exhaust. More and more theologians and others are writing about the transitions needed for its mutual integration with cosmic history, and an evolving understanding of humanities place in creation.

This workshop is being facilitated by Anne and Mai who run the Suaimhneas centre in Emo.  
*Friday 6th of October at 8pm.*  
Suggested donation €10 - €15

## HEALING SERVICE

Our monthly healing service, which is centered on the Mass, will take place on the  
*3rd Monday of each month at 8pm*  
The main celebrant will be Fr. Jack Finnegan  
All are welcome

## ADORATION

We are gifted with the opportunity to offer adoration of the Blessed Sacrament, in the quietness of the main room in Resurrexit, on

*Mondays between 11am and 3.30pm.*

Except on Holy Days or bank holidays.  
ALL ARE WELCOME

## Programme

### September

Sun 3rd	Quiet time	8am - 9am
Wed 6th	Embracing wisdom and life	8pm
Thur 7th	Mindfulness, meditation and spiritual awareness	8pm
Sun 10th	Quiet time	8am - 9am
Wed 13th	Circle Dance Meditation	11.15am to 12.15pm
Thur 14th	Mindfulness, meditation and spiritual awareness	8pm
Sun 17th	Quiet time	8am - 9am
Mon 18th	Adoration	11am to 3.30pm
	Healing service	8pm
Wed 20th	Embracing wisdom and life	8pm
Thur 21st	Mindfulness, meditation and spiritual awareness	8pm
Sun 24th	Quiet time	8am to 9am
Mon 25th	Adoration	11am to 3.30pm
Wed 27th	Circle Dance Meditation	11.15am to 12.15pm
Thur 28th	Mindfulness, meditation and spiritual awareness	8pm
Sat 30th	"Coming Home to yourself"	10am to 4pm

### October

Sun 1st	Quiet time	8am - 9am
Mon 2nd	Adoration	11am to 3.30pm
Tue 3rd	Spirituality and Faith for Conscious Women	9.30am to 12.30pm
Wed 4th	Embracing Wisdom and Life	8pm
Thur 5th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 6th	Glimpses into the mystery of the unfolding Universe	8pm
Sun 8th	Quiet time	8am to 9am
Mon 9th	Adoration	11am to 3.30pm
Tue 10th	Spirituality and Faith for Conscious Women	9.30am to 12.30pm
Wed 11th	Circle Dance Meditation	11.15am to 12.15pm
Thur 12th	Mindfulness, Meditation and Spiritual Awareness	8pm
Sat 14th	Trusting in God: Embracing Freedom	10am to 5pm
Sun 15th	Quiet time	8am to 9am
Mon 16th	Adoration	11am to 3.30pm
	Healing Service	8am

Tue 17th	Spirituality and Faith for Conscious Women	9.30am to 12.30pm
Wed 18th	Embracing Wisdom and Life	8pm
Thur 19th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 20th	"A Journey of Transformation" Fr. Jim Cogley	8pm
Sun 22nd	"Quiet Time"	8am to 9am
Mon 23rd	Adoration	11am to 3.30pm
Tue 24th	Spirituality and Faith for Conscious Women	9.30am to 12.30pm
Wed 25th	Circle Dance Meditation	11.15am to 12.15pm
Thur 26th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 27th	"A Journey of Transformation" Fr Jim Cogley,	8pm
Sun 29th	"Quiet time"	8am to 9am
Tue 31st	Spirituality and Faith for Conscious Women	9.30am to 12.30pm

### November

Wed 1st	Embracing Wisdom and Life	8pm
Thur 2nd	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 3rd	"Engaged Contemplation" - Fr Jack Finnegan	8pm
Sun 5th	Quiet Time	8am to 9am
Mon 6th	Adoration	11am to 3.30pm
Wed 8th	Circle Dance Meditation	11.15am to 12.15pm
Thur 9th	Mindfulness, Meditation and Spiritual Awareness	
Fri 10th	Engaged Contemplation - Fr Jack Finnegan	8pm
Sun 12th	Quiet Time	8am to 9am
Mon 13th	Adoration	11am to 3.30pm
Wed 15th	Embracing Wisdom and Life	8pm
Thur 16th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 17th	Engaged Contemplation - Fr Jack Finnegan	8pm
Sun 19th	Quiet Time	8am to 9am
Mon 20th	Adoration	11am to 3.30pm
	Healing Service	8pm
Wed 22nd	Circle Dance Meditation	11.15am to 12.15pm
Thur 23rd	Mindfulness, Meditation and Spiritual Awareness	8pm
Sat 25th	Down to Earth Introduction to Dreams	10am to 4.30pm
Sun 26th	Quiet Time	8am to 9am
Mon 27th	Adoration	11am to 3.30pm
Tue 28th	"Hail, Son of David" - Eilis McCormack	8pm
Thur 30th	Mindfulness, Awareness and Spiritual Awareness Group	8pm

### December

Sat 2nd	Spirituality and Faith for Conscious Women	9.30am to 4.30pm
Sun 3rd	Quiet Time	8am to 9am
Mon 4th	Adoration	11am to 3.30pm
Wed 6th	Embracing Wisdom and Life	8pm
Thur 7th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 8th	"Exploring Mysticism" - Joey Feely MA	8pm
Sun 10th	Quiet Time	8am to 9am
Mon 11th	Adoration	11am to 3.30pm
Wed 13th	Circle Dance Meditation	11.15 to 12.15
Thur 14th	Mindfulness, Meditation and Spiritual Awareness	8pm
Fri 15th	"The Person Centered Approach" - Tony Morrin	8pm
Sun 17th	Quiet Time	8am to 9am
Mon 18th	Adoration	11am to 3.30pm
	Healing Service	8pm
Wed 20th	Embracing Wisdom and Life	8pm
Thur 21st	Mindfulness, Meditation and Spiritual Awareness	8pm

# Resurrexit

~ He is risen ~



## Autumn Programme, 2017

Kilmeague, Naas, Co. Kildare.

Telephone: 087 6825407

Email contact: jeremiahcarbery@gmail.com

Website: www.resurrexit.ie

### Directions to Resurrexit

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted "Naas" & "Resurrexit". Resurrexit is ½ of a mile down on the left-hand side, and is signposted.

Coordinates: N 53° 14' 44" W 6° 49' 54"

Eircode: W91Y2WK

## BOOKS

We now have a large selection of books on display in the entrance hall, which are available for borrowing at no cost, only to be returned when you have finished reading them. Just register your name, and the title of the books borrowed, on the sheets supplied.

If you have any books you think might be of interest to others, we would be delighted to add them to our library.

### **CIRCLE DANCING MEDITATION**

Welcome to Circle Dancing Meditation - gentle movement to music from around the world - no experience necessary.

Facilitator **Grace Walsh**,

a member of the Resurrexit Community.

On the following Wednesday mornings for 1 hour, from 11.15am. to 12.15pm.

*September 13th and 27th*

*October 11th and 25th*

*November 8th and 22nd*

*December 13th*

*Suggested donation €5 per day.*

**Everyone welcome to one or to all of the sessions**

### **EMBRACING WISDOM AND LIFE FROM THE CENTRE**

On the first and third Wednesday of each month, at 8 o'clock, we invite you to a meeting where we will read and discuss some of the Mass readings for the following Sunday, after which we will have 20 minutes of quiet prayer. Everyone is welcome to join us for any of the meetings.

We finish with a cup of tea.

### **EXPLORING MYSTICISM ;**

The Subtle Symbolism of Archetypes.

This workshop will be presented by Joey Feely M.A. a spiritual facilitator and a spiritual guide.

*Friday 8th December at 8pm.*

*Suggested donation €10 - €15*

### **THE PERSON CENTERED APPROACH**

Showing empathy, congruence, and unconditional positive regard for the person you are with, are the main guidelines given by Carl Rogers in his "person centered approach" to relationships. If these guidelines were used more in our dealings with people, how different our world would be today.

This will be the topic for a workshop to be given by Tony Morrin who is a counsellor, a psychotherapist, and a member of the Resurrexit Community.

*Friday 15th of December at 8pm.*

**All are welcome, suggested donation €10 to €15.**

### **TRUSTING IN GOD: EMBRACING FREEDOM**

Our understanding of life and of creation constantly evolves. In response to that, our understanding of the Gospel and of Mystery has also to evolve. It must do so. We cannot freeze-frame our understanding of the mystery of God or the mystery of Jesus. Mystery demands exploration. Mystery demands ever new and ever fresh articulation.

Jesus came to tell us that God was to be found in all of life, and that the fullness of our human life was to be found in God. We need to unbind our Christian faith so that we can tune in and can listen to the music in our own hearts and all around us. This workshop will help us to do that, Our lives would be so much different if only we could bring ourselves to let God in.

"Trusting in God: Embracing Freedom" examines some of the things that hold us back from truly accepting God into our lives. It looks at the beliefs, ideas, assumptions and misconceptions that it might be helpful for us to unload. It asks how can we move towards a religion and spirituality that are inspiring and vibrant and that free us to embrace our humanity to the full. It explores why the gospel of Jesus is still very good news for everyone today. In gentle conversational style, it will address such issues as the relationship between science and religion; divisive thinking; the question of suffering; how to interpret the Bible; the meaning of the gospel and the relationship between consciousness and the Divine.

*Saturday 14th October 2017,*

*from 10am to 5pm.*

Cost of workshop €30.

**Presenter: Denis Gleeson cfc.**

Denis is associated with the Emmaus Retreat Centre in Swords, and is author of "Unbinding Christian Faith: Free to be." Copies of his book are available from Veritas or online through [www.lulu.com](http://www.lulu.com), and will be available at this workshop.

Tea, coffee etc provided, cooking facilities available in Resurrexit, and bar food available -8 minute drive.

**No booking required - just arrive!**

### **"HAIL, SON OF DAVID"**

What is the Spirit saying to us through the story of David? Was David's importance confined to older times, or does David speak to us in 2017? Eilis McCormack considers this a question worth exploring for modern day Christians.

*Tuesday 28th November at 8pm. All welcome.*

*Suggested donation €10 - €15*

### **A DOWN TO EARTH INTRODUCTION TO DREAMS**

Our dreams have fascinated us since the dawn of history. Where do they come from? What do they mean? Should they be taken seriously? Should they ever be taken literally? Are they merely the exhausted wanderings of the nocturnal mind. These are some of the questions dealt with in this fun and very down to earth introduction to dreams and to dreamwork.

We start with the Bible and ask how is it that dreams went out of fashion so early in the Christian story? We will talk about dreams and science, about dreams and spirituality, dreams and personal development, and many other interesting areas.

This workshop will be facilitated by Denis Gleeson cfc ,

*Saturday November 25th,*

*Time 10am to 4.30pm. Donation €30*

Cooking facilities available in Resurrexit,

Bar food 8 minute drive to Allenwood.

**No booking required but please treat yourself to this soul searching day!**

### **COMING HOME TO YOURSELF**

Change is happening so quickly, that the majority of us are finding it difficult to keep up. Technology is dictating our world and the world of our children. There is currently a much higher level of anxiety than ever before. To cope with these changes, we journey inside of ourselves to find the wisdom and the answers we need. How often in one day are we disturbed by events and people. The question is why. If you look around you will find that not everyone is reacting in the same way as you. Again why? We must look at our reactions to see what underpins them, Are some of our beliefs just obsolete programmes that are easily deleted. In this workshop we are being invited to walk along the road of "Awareness" as revealed by the Jesuit priest Anthony de Mello in his book of the same name.

The day is being facilitated by Liz Valloor, who is author of the book "Taking flight, the caged bird" in which she writes about the changes she made in her life while reading and studying the writings of Anthony de Mello.

*The workshop is from 10am to 4pm,*

*on Saturday 30th of September*

*and the suggested donation is €30.*

Tea and coffee provided, cooking facilities available in Resurrexit, and bar food is an 8 minute drive to Allenwood.

**All welcome, no booking required.**

### **SPIRITUALITY AND FAITH FOR THE CONSCIOUS WOMAN IN TO-DAYS WORLD. A TRANSFORMATIVE EXPERIENCE.**

BE the vibrant, dynamic, spiritual woman that you are, and learn how to express that authentically in our Modern world. Discover the Grounding Force of your life, and how you, as a woman, can experience deeply and express creatively the joy of your FAITH.

*5 Tuesday mornings from 9.30am to 12.30pm, running from 3rd October to 31st October.*

These mornings are being led by Pauline Harney who is a Holy Family Sister, and a psychotherapist who has extensive experience and training in the field of personal development and transformation.

**Investment €10/€15 per session, and please ring Pauline at 086-8654006 to register and for more information.**

### **SPIRITUALITY AND FAITH FOR THE CONSCIOUS WOMAN IN TO-DAYS WORLD. A TRANSFORMATIVE EXPERIENCE.**

BE the vibrant, dynamic, spiritual woman that you are, and learn how to express that authentically in our Modern world. Discover the Grounding Force of your life, and how you, as a woman, can experience deeply and express creatively the joy of your FAITH.

*A one day workshop from 9.30 to 4.30, on Saturday the 2nd December. This workshop is being led by Pauline Harney, who is a Holy Family Sister, and a psychotherapist who has extensive experience and training in the field of personal development and transformation.*

Investment is €30, including tea/coffee, biscuits. There are cooking facilities in Resurrexit, and "pub food", seven minutes drive.

**To register and for more information, please ring Pauline at 086-8654006**

### **A JOURNEY OF TRANSFORMATION**

Fr. Jim Cogley will be facilitating these two workshops, and using his own woodturned pieces, he will encourage us to continue and expand our own unique journeys into fullness of life.

*Friday the 20th + 27th of October at 8pm.*

**All welcome. Suggested donation €10 - €15**